

# Coronavirus

The safety of all workers is of paramount importance, so we've pulled together this leaflet to make sure you're aware of how to help prevent the transmission of COVID-19 and that you know what to do and where to go if you have concerns. Comensura is prepared and ready to support our customers and suppliers through this difficult time. As the Managed Service Provider, we're here to co-ordinate and facilitate around your workforce requirements. By working together, we strongly believe we can mitigate against whatever situations arise.

## COVID-19.

Coronaviruses are a large family of viruses that cause illnesses from the common cold to more severe diseases such as Severe Acute Respiratory Syndrome (SARS-CoV).

A novel coronavirus (nCoV) is a new strain that has not been previously identified in humans. Comensura is prepared and ready to support our customers and suppliers through this difficult time. As the Managed Service Provider, we're here to co-ordinate and facilitate around your workforce requirements.

## What do I need to do?

### For impact to individual workers

- 1** Follow best practice guidelines for health & safety:
  - Wash your hands with soap and water
  - If you develop a cough, cover your mouth and nose with a tissue or sleeve when coughing or sneezing and discard used tissue
  - Avoid touching your eyes, nose, or mouth with unwashed hands
  - Clean and disinfect frequently touched objects and surfaces
- 2** Understand your local healthcare guidance and the measures in place to prevent the spread of the virus:

If you have been on holiday or travelling, please check your local healthcare advice on self-isolation and quarantining.
- 3** If you are concerned, or are presenting symptoms:

Do not go to a GP surgery, pharmacy or hospital, call: **111**  
If you are in Wales and 111 is not available call: **0845 46 47**

### For impact to a workforce

If any worker or workers are self-isolating or have tested positive for COVID-19, it is important to communicate this with Comensura. It may be additional temporary workers could be sourced to support, or there may be a need to communicate with suppliers to ensure the entire workforce is aware and protected. Please contact Comensura's Customer Service Centre so that we can co-ordinate a response with the customer and supply chain.



Shortness of breath



Coughing



Sweating



Fever